



Helping adults create better relationships with young people through a deeper understanding of today's youth culture.

Understanding the Teenage Brain

Another seminar by **Paul Robertson**

YOUTH CULTURE SPECIALIST : YOUTH UNLIMITED (TORONTO YFC)

Everyone knows teenagers are perplexing, fascinating, and energetic creatures. What confounds most adults is what is going on in their brains. There is no doubt how a teen thinks and acts is still a work in progress. They may look like adults but their brains are still very much adolescent.

This seminar, utilizing the latest research and studies available, takes an in-depth look at the physical, emotional, and social changes they are going through as their ability to think changes. Practical parenting and youth worker strategies are also included to help unravel the mystery of the teenage mind.



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Paul will be presenting this seminar at: